LUNCH MENU

FRESH FRUIT & DRINK served with every meal for a nutritional balanced diet

WEEK ONE

LOCALLY SUSTAINABLY SOURCED PRODUCE

	FAVES Monday	World Food Tuesday	YORKSHIRE FAVES Wednesday	BRITISH CLASSICS Thursday	Meat Free Friday
MAIN	Crispy Kentucky Chicken (RGF)	Chilli Con Carne (GF, DF)	Roast Pork Loin (GF, DF)	Yorkshire Sausages (GF, DF)	Crispy Baked Fish (RGF, DF)
VEGETARIAN	Quorn Crispy Chicken (RGF, V, DF)	Veggie Bean Chilli (GF, V, DF)	Roast Vegetable Slice (RGF, V, RDF)	Vegetarian Sausages (GF, V, DF)	Pizza slices (RGF, V, RDF)
SIDES	Potato Wedges Tomato Ratatouille (GF, V, DF)	Rice, Tortilla Chips (GF, DF)	Roast potatoes, Baby Carrots (RGF, RDF) Yorkshire Pudding	Mash Potato, Garden Peas, Gravy (GF, RDF)	Crispy Chips Garden Peas (GF, DF)
LIGHTER OPTIONS	Jacket potato Baked beans & cheese (GF, V, RDF)	Jacket potato Baked beans & cheese (GF, V, RDF)	Jacket potato Baked Beans & Cheese (GF, V, RDF)	Jacket potato Baked Beans & Cheese (GF, V, RDF)	Jacket potato Baked Beans & Cheese (GF, V, RDF)
DESSERT	Crispy Flapjack (RGF, RDF)	Chocolate Brownie (GF, DF)	Baked Cookie (RGF, RDF)	Raspberry & Cream Roulade (GF, RDF)	Profiteroles (RGF, RDF)
SANDWICHES	Cheese Sandwich & Cucumber Sticks (RGF, RDF)	Ham Sandwich & Carrot Sticks (RGF, RDF)	Tuna Sandwich Steamed Broccoli (RGF, RDF)	Chicken Tikka Sandwich & Sliced Cucumber (RGF, RDF)	Cheese & Onion & Sliced Carrots (RGF, RDF)

Freshly prepared
JACKET POTATOES & SANDWICHES available every day

(GF) GLUTEN FREE. (RGF) REQUEST GLUTEN FREE. (DF) DAIRY FREE. (RDF) REQUEST DAIRY FREE.

For full allergy information or to check if you're eligible for free school meals, visit the school meals page on your school's website.

THE FISHER'S TABLE